



Coronavirus 2019 (COVID-19): Indoor Visitation Requirements for Intermediate Care Facilities (ICF)

This document provides requirements for indoor visitation in intermediate care facilities (ICF) in the District of Columbia during Phase Two. The following measures should be taken to reduce the risk of COVID-19 transmission when indoor visitation occurs. Restrictions on visitation do not apply to compassionate care situations and essential visitors or personnel as defined by Mayor's Order 2020-063.

Requirements for initiating indoor visitation

- Outdoor visitation is still preferred over indoor when possible.
- There must not be any new onset COVID-19 cases in anyone who has been in the ICF (e.g. person residing in the facility, direct care staff, visitor) for two consecutive weeks.
- There are no persons residing in the ICF under quarantine or isolation.
- The ICF must not be undergoing testing related to an outbreak.
- Facilities must have a 14-day supply of all personal protective equipment (PPE) that would be necessary to respond to an outbreak without dependence on public health stockpiles.

Prior to initiating indoor visitation

- Notify families that indoor visitation is occurring in the ICF. The notification should include:
 - Precautions being taken to keep persons living in the ICF safe.
 - Expectations and requirements for visits. Minimally, the notification should include:
 - A description of the symptom screening process.
 - All terms of indoor and outdoor visitation, including mask and social distancing requirements, how to summon staff if needed, and what will cause a visitor to be denied entry.
 - Steps visitors must take before, upon arrival, and during their visit.

When indoor visitation begins

- Limit indoor visitors to people who can comply with mask and social distancing requirements.
- Only one visitor per person living in the ICF is allowed at any one time.
- Ensure there is no congregating of individuals in the area being used for indoor visitation.
- Require visitors to schedule an appointment for the visit to ensure the ICF can safely
 accommodate the number of people and have enough staff to ensure safety precautions
 are monitored and enforced.
- Facilities must perform screening for any visitors or non-medical service providers before entering the ICF. Facilities must:
 - Screen all visitors and service providers.
 - Perform temperature check and symptom screening.
 - Visitors must be fever-free, symptom-free, and have no known exposure to someone with COVID-19 within the past 14 days.
 - Visitors must not be under quarantine after non-essential travel to a highrisk state as defined on <u>coronavirus.dc.gov/phasetwo</u>, or for international travel to a Level 3 (high-risk) country as defined in the DC Health Travel Guidance.
 - For Screening Tool Guidance, visit coronavirus.dc.gov/healthguidance.
 - Ensure the visitor has a face mask or cloth covering that does not have an exhalation valve, and ensure the mask covers the visitor's nose and mouth.
 - Have the visitor perform hand hygiene upon entering and exiting the ICF.





- Collect visitors' full names and contact information and maintain records for 30 days to assist with contact tracing.
- Deny entry to visitors or service providers who do not pass screening or who refuse to comply with any of the requirements.

During indoor visitation

- Visitors must wear cloth face coverings or masks during the entire visit and maintain 6 feet from the person living in the ICF.
- Visitors must be limited to the area where visitation is designated.
- Visitors must only visit the person they intend to visit at the designated visitation location.
- Persons living in the ICF must wear cloth face coverings at all times during the visit. Cloth face coverings must not be placed on anyone unconscious, incapacitated, or otherwise unable to remove the mask without assistance.
- Limit indoor visitation to areas that allow for appropriate social distancing.
 - The space must have proper ventilation (open windows, etc.).
 - The visitation area must only be used by the resident and their visitor at a given time.
 - Visits must be limited to 1 hour.
 - No other residents should be allowed in the area until visitations are completed and the area is cleaned and disinfected.
 - If a visit occurs in a person's room, roommates must not be in the room during the visit.
- Activities that would require mask removal, such as eating or drinking, are prohibited.

After indoor visitation

- Cleaning and disinfection of the room should occur after the visit is completed and prior to allowing a person's roommate to enter the room where the visit occurred.
- The ICF must clean and disinfect high touch surfaces (e.g., light switches, elevator buttons, door handles) in the facility at least once a shift.

Notification of a COVID-19 exposure

- Visitors must notify the ICF if they develop symptoms of or test positive for COVID-19 within 14 days of their visit.
- ICF staff must notify visitors of outbreaks in the ICF, should such an event occur within 14 days of a visit, and recommend the visitor(s) seek testing.

Exclusions

 Visitors who cannot comply with face covering, social distancing, and other facility requirements must not participate in indoor or outdoor visitation.

The guidelines above will continue to be updated as the outbreak evolves. Please visit coronavirus.dc.gov regularly for the most current information.